

Camp NEW You
Follow-up Weekend 2: Pipestem State Park and Winterplace Resort
February 5-7, 2010
Includes Reunion Weekend for Cohort 1
Tentative Schedule

Friday, February 5, 2010

3:00 – 3:30 pm	Check-in with camp staff	Winterplace Resort
3:30 – 5:00	Old friends' reunion; Assign ski and snowboarding groups; Meet instructors; Get fitted for skiing equipment Dinner on your own	Ski Lodge
4:00 – 5:30	Ski Lessons	
5:00 – 10:00	Skiing and Snowtubing	
10:15	Depart for Pipestem State Park	
11:00	Room check-in	Pipestem Resort
11:30	Quiet time with families and friends	

Saturday, February 6, 2010

8:00 am	Breakfast – Bag breakfasts for families	Individual Rooms
9:00 – 9:15	Welcome – Everyone	Falconer Room
9:15 – 10:00	Campers: Program evaluation	Dogwood Room
10:00 – 10:45	Campers: Chat group	Dogwood Room
9:15 – 9:30	Parents: Program evaluation	Falconer Room
9:30 – 10:45	Parents Education Session	Falconer Room

Concord University

11:30 am	Lunch at Concord University	CU Cafeteria
12:30 – 1:00pm	Roundtable discussion with all families	Carter Gym I
1:00 – 1:30	Parents: Chat group	406 Carter Hall
1:30 – 1:45	Parents: Prepare snacks	Dance Studio
1:00 – 1:45	Camper: <i>Take Charge</i> education session	Rahall Bldg 303 & 311
2:00 – 2:15	Healthy snack	Dance Studio
2:30 – 4:30	Physical Activities for All	Carter Gym I

Pipestem Resort

6:00 pm	Family Dinner	Falconer Room
8:30 – 10:00	Winter Party	Falconer Room
10:00 – 11:00	Quiet time with families and friends	Individual Rooms

Sunday, February 7, 2010

8:00 – 8:30 am	Breakfast – Bag breakfasts for families	Individual Rooms
8:30 – 9:30	Focus group discussions	Falconer Room
9:30 – 10:00	Closing activities	Falconer Room
10:00	Check-out and goodbyes	